

# High-Protein Smoothie



## INGREDIENTS:

- 1 cup** almond milk
- 1 TBS** almond butter
- 1 TBS** cinnamon
- 1 TBS** honey
- 1 cup** kale
- 3/4 cup** mangoes
- 1 cup** ice
- 1/8 cup** CHiKPURE™

## DIRECTIONS:

1. Blend until smooth.

